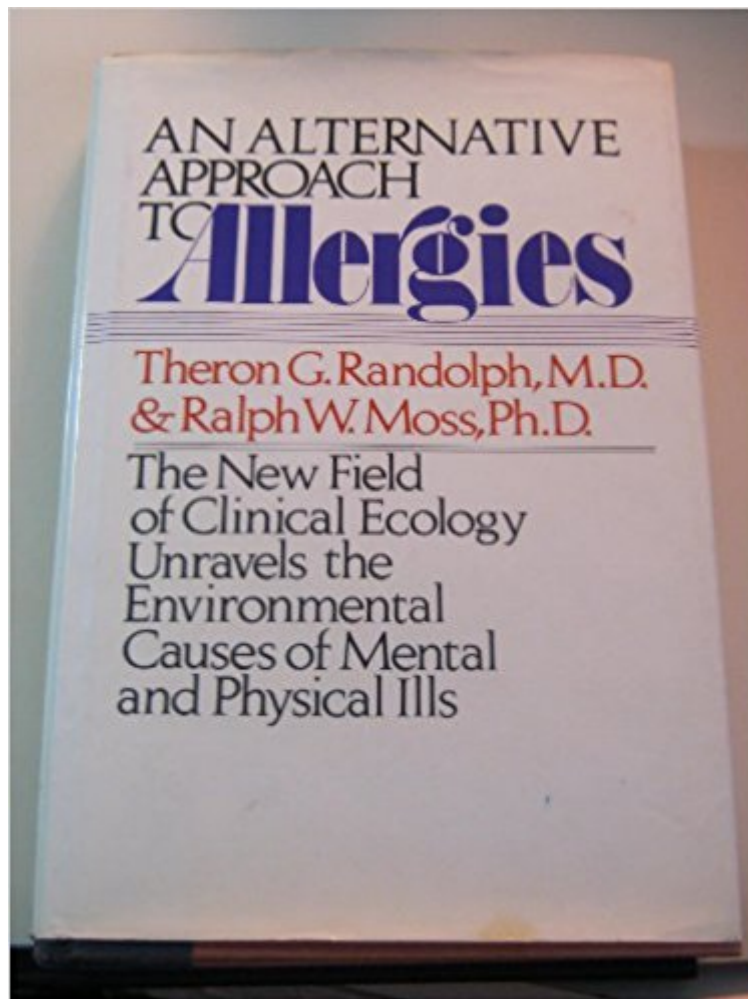


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# **An Alternative Approach To Allergies: The New Field Of Clinical Ecology Unravels The Environmental Causes Of Mental And Physical Ills**



## Synopsis

Here is the book that revolutionized the way allergies and other common illnesses were diagnosed and treated. --This text refers to the Paperback edition.

## Book Information

Hardcover: 268 pages

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Average Customer Review: 4.3 out of 5 starsÂ Â See all reviewsÂ (19 customer reviews)

Best Sellers Rank: #1,356,657 in Books (See Top 100 in Books) #546 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies

## Customer Reviews

After being plagued with skin problems, headaches, tiredness, hay fever, irritable bowel syndrome (IBS), depression, etc., etc., etc. for much of my late teens and all of my adult life, and going to over fifteen regular allergists and M.D.s for much of my forty-five years, I read Randolph's book: An Alternative Approach To Allergies. Realizing that Dr. Randolph had discovered a major piece to the health-puzzle, I finally went to a M.D. in New York who changed the entire basis of his practice from being a "classically trained" allergist to a transformed Clinical Ecologists M.D. After being diagnosed with MCS (multiple chemical sensitivity) and delayed food allergies--for which I was tested--I removed all the offending chemicals from my home and work environment; I also eliminated the foods causing delayed allergic reactions: The improvement in my health was rapid and live-changing. Thinking such may be psychosomatic, I went back to eating my delayed allergic foods and returned to using normal household chemical products, e.g., Tide, bleach, Comet, fabric softener, Cling, perfumed soaps, etc., and, within a few days, all my chronic health symptoms returned with a vengeance. I once again eliminated such foods and chemicals from my diet/environment, and with five days I was much better.

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causes of mental and physical ills Alternative Approach to Allergies, An: The New Field of Clinical Ecology Unravels the Environmental Causes of Mental Health: Personalities: Personality Disorders, Mental Disorders & Psychotic Disorders (Bipolar, Mood Disorders, Mental Illness, Mental Disorders, Narcissist, Histrionic, Borderline Personality) MENTAL ILLNESS: Learn the Early Signs of Mental Illness in Teens (Teen mental illness, teen mental health, teen issues, peer issues, treatment) Allergies: Fight Them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, Asthma and Related Conditions Allergies: Fight them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, ... Eat Right 4 Your Type Health Library) Dr. Euler's Fabulous Formula: Cures Many Mathematical Ills Good Karma: How to Create the Causes of Happiness and Avoid the Causes of Suffering ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) Train Your Brain & Mental Strength : How to Train Your Brain for Mental Toughness & 7 Core Lessons to Achieve Peak Mental Performance: (Special 2 In 1 Exclusive Edition) Orthopaedic Clinical Examination: An Evidence Based Approach for Physical Therapists, 1e (Netter Clinical Science) Maximum Entropy and Ecology: A Theory of Abundance, Distribution, and Energetics (Oxford Series in Ecology and Evolution) Law and Ecology: The Rise of the Ecosystem Regime (Ecology and Law in Modern Society) Infectious Diseases in Primates: Behavior, Ecology and Evolution (Oxford Series in Ecology and Evolution) The Ecology of Phytoplankton (Ecology, Biodiversity and Conservation) Ecology and Classification of North American Freshwater Invertebrates, Third Edition (Aquatic Ecology (Academic Press)) Wetland Ecology (Cambridge Studies in Ecology) ZONE DIET: Zone Diet Cookbook (Includes 50 Zone Diet Recipes For Every Meal) (Antioxidants & Phytochemicals, Food Allergies, Macrobiotics, Food Allergies, ... Zone diet food, Zone diet for beginners 1) The Handbook of Alternative Assets: Making money from art, rare books, coins and banknotes, forestry, gold and precious metals, stamps, wine and other alternative assets Alternative Medicine Made Easy: How to Use Simple Homemade Remedies to Stay Healthy and Disease-Free (Herbal Remedies, Alternative Medicine, How to Use Herbal Remedies,)

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